

\$20/class
5 for \$90
10 for \$150

// SWALLOW CREEK RANCH
6030 HWY 1
CAYUCOS

An outdoor yoga session to
connect with nature
All levels welcome

CAYUCOS YOGA

by the barn



Led by Seanna Tracy
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Venmo @Seanna-Tracy

WHEN:

Every Tuesday and Thursday
at 12:00 pm



*YOGA MAT & BLANKET IS OPTIMAL
BRING LAYERS AND WATER